

## **Cyndi Doyle**

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Author, Hold the Line: The Essential Guide to Protecting Your Law Enforcement Relationship

Cyndi Doyle is a Licensed Professional Counselor Supervisor in Texas, National Certified Counselor, and Certified Daring Way Facilitator for Dr. Brené Brown. She is the co-owner of Pecan Branch Counseling in Denton, Texas. Cyndi is certified in Critical Incident Stress Management and serves on local CISM teams as well as the Dallas/Fort Worth regional team. Cyndi is the author of Hold the Line: The Essential Guide to Protecting Your Law Enforcement Relationship and the Founder of Code4Couples®, a company dedicated to educating, supporting, and increasing resilience in first responders, their spouses, and their relationships. Through her Code4Couples® podcast, Cyndi normalizes experiences of first responders and their spouses by sharing her own journey and stories as a Law Enforcement spouse, educates them on related mental health and relationship difficulties, empowers them with tools, techniques, and resources, and promotes connection within the First Responder community. She was honored to be selected by the Office of the Governor in 2018 as one of 3 mental health professionals to serve on a statewide work group focusing on Mental Health Access for First Responders. She has spoken at a wide variety of local and statewide conferences as well as the national stage including the International Association of Chiefs of Police (IACP) and the FBI National Training Academy Association Conference (FBINTAA). In 2020, Cyndi was the recipient of the Samuel Gladding Unsung Heroes Award from the American Counseling Association for her work with first responders.